

Advent 14th Dec: Sharing life



The Visitation, Mariotto Albertinelli 1503

The Story continues...

When Elizabeth heard Mary's greeting, the baby in her womb leaped. She was filled with the Holy Spirit, and sang out exuberantly,

You're so blessed among women,
and the babe in your womb, also blessed!
And why am I so blessed that
the mother of my Lord visits me?
The moment the sound of your
greeting entered my ears,
The babe in my womb
skipped like a lamb for sheer joy.
Blessed woman, who believed what God said,
believed every word would come true!

Luke 1:41-45

Opening Prayer

As I arise this day
I give thanks for the morning light.
For strength, for life, and the
warmth of relationships. (Mags Bryan)

Reflection

Two mums to be meet and are blessed, blessed to hear each others good news, are blessed to be carrying the life within, blessed in their relationship with each other. The strong connection between these two woman and their sons, will impact the world and announce God's greatest story.

Exercise

Take a moment to consider how you feel when you receive a blessing.
Who in your life at the moment is a blessing?
Have you recently had an opportunity to be a blessing to others?

Closing blessing

May the blessings of light be upon you.
Light without and light within,
And in all your comings and goings,
May you ever have a kindly greeting
From them you meet along the road.
Celtic blessing

Mags Bryan