

Advent: 18th December - Without a care in the world



Kids running in splashy water

O Antiphon: Lord

For the Lord is our judge, the Lord is our ruler, the Lord is our king; he will save us. (*Isaiah 33:22*)

Oh, come, oh, come, our Lord of might,
Who to your tribes on Sinai's height
In ancient times gave holy law,
In cloud and majesty and awe.
Rejoice! Rejoice! Emmanuel
Shall come to you, O Israel!

[Video: O Come O Come Emmanuel, Advent hymn based on the O Antiphons](#)

The story continues...

Then Zachariah was filled with the Holy Spirit and prophesied,

Blessed be the Lord, the God of Israel;
he came and set his people free.
He set the power of salvation in the center of our lives,
and in the very house of David his servant,
Just as he promised long ago
through the preaching of his holy prophets:
Deliverance from our enemies
and every hateful hand;
Mercy to our fathers,
as he remembers to do what he said he'd do,
What he swore to our father Abraham—
a clean rescue from the enemy camp,
So we can worship him without a care in the world,
made holy before him as long as we live. (*Luke 1:67-75*)

Silence and Imaginative exercise

How free Zechariah is. The macro and the micro level are in view: the promises of old and the birth of his baby. Imagine yourself without a care in the world. How does that feel? Closing blessing.