

Advent: 19th December - One foot at a time



O Antiphon: [Rod of Jesse](#)

On that day the root of Jesse shall stand as a signal to the peoples; the nations shall inquire of him. *Isaiah 11: 10*

Oh, come O Rod of Jesse's stem,
From ev'ry foe deliver them
That trust your mighty pow'r to save;
Bring them in vict'ry through the grave.
Rejoice! Rejoice! Emmanuel
Shall come to you, O Israel!

[Sung O Antiphon \(I-IV\), Arvo Part](#)

The story continues...

And you, my child, "Prophet of the Highest,"
will go ahead of the Master to prepare his ways,
Present the offer of salvation to his people,
the forgiveness of their sins.
Through the heartfelt mercies of our God,
God's Sunrise will break in upon us,
Shining on those in the darkness,
those sitting in the shadow of death,
Then showing us the way, one foot at a time,
down the path of peace.

The child grew up, healthy and spirited. He lived out in the desert until the day he made his prophetic debut in Israel. (*Luke 1:76-80*)

Silence and Imaginative exercise

Peace, one step at a time. Following God's light and warmth each day, our task. What warmth has there been in my day? What light towards which I can walk? **Closing blessing**