

Organised by The Epiphany Group, an ecumenical body of men and women offering spiritual accompaniment, training in spiritual direction and retreats. It is formed in the spirituality of the Ignatian Spiritual Exercises. For more information, and notice of other events and opportunities see www.epiphanygroup.org.uk

EPIPHANY GROUP

rooted in the Ignatian tradition

Course Facilitators:

Claire Starr is Mum to four grown and growing children aged 15 to 22. She is a leader at the Scottish Episcopal youth weeks & has coordinated children/youth work at St Mary's Dalmahoy for 10 years. Tel: 449 3045 clairestarr@talk21.com

Elizabeth White is an enthusiastic Auntie to three nieces ages 8, 10 and 12, and is Godmother to 11month old Rosie. She is involved in 'Messy Church' and the nurture of her own inner child! Tel: 552 4102 reflectivespaces@yahoo.co.uk

Both Claire and Elizabeth are Spiritual Directors and members of the Epiphany Group. They have taught on the 'Growth in Prayer and Reflective Living' course and are on the 'Retreat in Daily Life' team for Edinburgh.

Venue: St James Church is on Inverleith Row, at the Goldenacre shops near the junction with Ferry Road. There is zoned parking on street; please try over Ferry Road into Wardie Road or South Trinity Road if you prefer parking *out* of zone. Buses 8, 23, 27, 14, 21 etc run close by.

Parents, Prayer & Pre-schoolers



No space or time to pray?

How do I help my child discover prayer,
whilst also finding nurture myself?

**A 6-week interactive course for
toddlers, pre-schoolers and their carers**

Tuesday mornings 10am til 11am
25 Oct, 1, 8, 15, 22 and 29 Nov 2011

St James Church, Goldencare, Edinburgh

Mums, Dads and Carers... 'I don't get a chance to pray, I have the children with me'... come and try out creative ways of becoming aware of God *together*. There are oodles of ways of making prayer fun and yet real; something parents and children can do together in the midst of the 'untidiness' of everyday life.



Over six one hour sessions we will explore ideas you can try out at home, as well as support each other in knowing more of the God who both welcomes children and gives grace to busy adults.

Together we hope to:

- 👣 Pray with our imaginations
- 👣 Pray using our bodies
- 👣 Use bubbles, play-doh, nature
- 👣 Embrace Godly moments with children
- 👣 Pray with children's stories
- 👣 Paint our prayers
- 👣 Express our prayers in songs
- 👣 Spend time in silence - is it possible with children?!
- 👣 Encourage ideas for praying as a family

We hope to be together in a way that neither child nor adult need feel they have to meet God in the same way, nor at the same level of the other, but can still pray together and receive whatever each needs.

Booking Form: There are up to 12 family places

Adult's Name.....

Name(s) and ages of your children/babies – circle those who will be attending with you
.....

Address.....

Phone.....

E-mail

How did you hear about this course?

.....

What do you hope for from the course?

.....

Any special requirements.....

If you would like your details to be on an email list for other family, or adult, prayer courses or retreats in Edinburgh please tick here.....

The course cost is **£20 per family**, to include a tea/juice break. Alternatively you can pay £4 when you come each week.

Please send your booking form with cheque (if applicable) payable to '**Epiphany Group**' to:
Elizabeth White, 17 Warriston Drive, Edinburgh, EH3 5LY
reflectivespaces@yahoo.co.uk