



The Two Halves of Life

Reading sources

Mid-life

Books

- ❖ Mid-life psychological and spiritual perspectives. Janice Brewi and Anne Brennan
- ❖ Celebrating mid-life. Janice Brewi and Anne Brennan
- ❖ Mid-life directions: Praying and playing, sources of new dynamism
- ❖ The spirituality of the Psalms. Walter Brueggemann.

CDs

- ❖ Adult christianity and how to get there. Ronald Rolhesier and Richard Rohr
- ❖ Men and women: The journey of spiritual transformation. Richard Rohr
- ❖ A spirituality for the two halves of life. Richard Rohr and Paula D'Arcy
- ❖ Midlife and the great unknown. David Whyte

Stages of life and faith

Books

- ❖ God of Surprises. Gerard Hughes. Chapter 2, Clearing the approaches.
- ❖ Spirituality workbook: A guide for explorers, pilgrims and seekers. David Runcorn, Chapter 13 The changing scenes of life: spiritual development through life stages
- ❖ Stages of faith. James Fowler.
- ❖ The developing christian. Peter Feldmeier
- ❖ Chrysalis: The hidden transformation in the journey of faith. Alan Jamieson
- ❖ Journeying in faith. Alan Jamieson

