



Pilgrim rules of Resonance and Correspondence

Places within the heart

The Lord had said to Abram, "Go from your country, your people and your father's household to the land I will show you. Genesis 12:1



Les routes sans fins, unsplash.com

Viewing and reading material

Here is an [audio slideshow](#) of nature writer Robert MacFarlane's revisit to the Cairngorms following on from his earlier review of Nan Shepherd's *The living mountain* book.

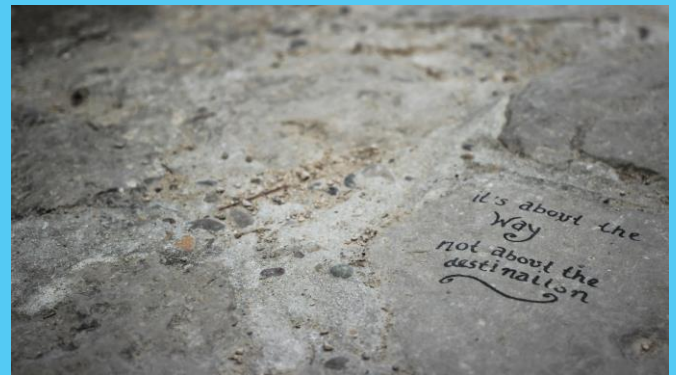
Pilgrimages of the heart

"Not long before I went to Spain, I read an essay in the journal *Artesian* by a Czech writer called Vaclav Cilek, cryptically entitled "Bees of the Invisible". Cilek - himself a long-distance wanderer - proposed a series of what he called "pilgrim rules", of which the two most memorable were the "Rule of Resonance" ("A smaller place with which we resonate is more important than a place of great pilgrimage") and the "Rule of Correspondence" ("A place within a landscape corresponds to a place within the heart.")

- *Rites of way, pilgrimage walks article, Robert MacFarlane*

"The ancient practice of pilgrimage beckons us to find the places of connection between the terrain inside us and the topography around us, whether it's the landscape of the natural world, or of a story, or of a season.

- *Through the Advent door by Jan Richardson*



There are reports aplenty about the connections that suddenly strike us whilst walking purposely but also when wandering meditatively. Some shapes, some colours, some smells that we pass by, that we note, which evoke an internal association, a story, a memory or an insight. It needn't be the grand and the epic.

Questions:

- Is there a small and/or localised place which resonates with you in some way?
- Has there been a landscape feature, or walk, that has reverberated within you, creating some kind of internal correspondence that Cilek is referring to?
- What kind of imprints or marks have they left on you?
- What are the names of the holy places—within or without—that you have visited or long to visit?

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