

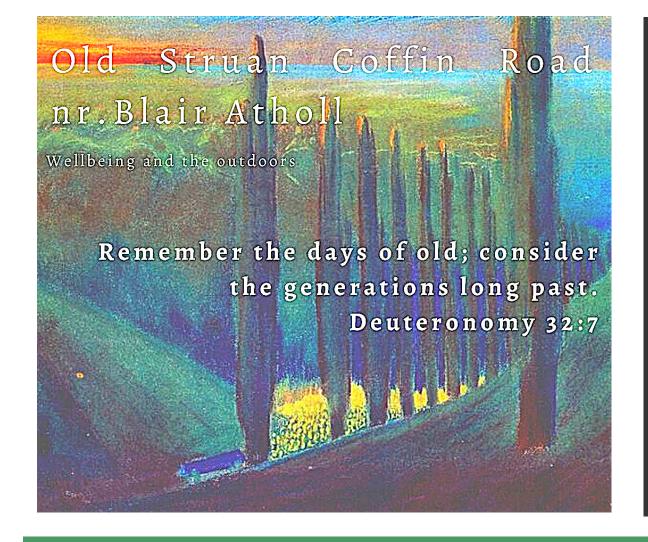
CONTEMPLATIVE TRAILS & QUIET SPACES: OLD STRUAN COFFIN ROAD

Old Struan Coffin Road near Blair Atholl

In remote places the path from church to burial ground may be known as a coffin path. 'This old coffin road between Loch Tummel and the River Garry was used for centuries to carry the deceased from townships in the Tummel Valley to the medieval St Fillan's Church at Old Struan'. It was a profound journey, taken by the grieving community.

www.heritagepaths.co.uk/pathdetails.php?path=51





WHAT DO YOU NEED TO TOUCH?

- THE CRAGGY BARK OF A TREE, THE WET DEW ON THE GRASS, THE ROUGH TOUCH OF HARD STONE?

WHAT DO YOU SMELL?

-WHAT MEMORIES DO THEY EVOKE?
-WHAT LONGINGS DO THEY STIR?

WHAT DO YOU HEAR?

- FOLLOW THE SOUNDS
-LISTEN TO THEIR TONE AND VOLUME
- NOTE THE SENSATION AND IMPACT

CORACLETRUST.ORG.UK/READING-CREATION

TO BE STILL AND STILL MOVING INTO A DEEPER UNION A FURTHER COMMUNION TS ELIOT, FOUR QUARTETS